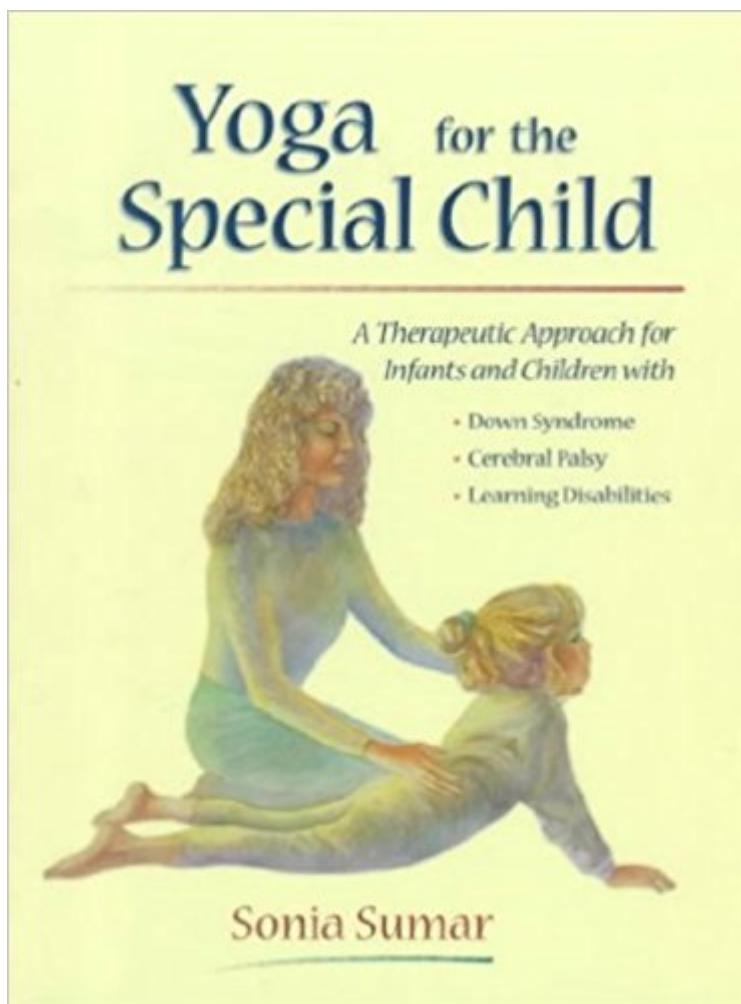


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# **Yoga For The Special Child: A Therapeutic Approach For Infants And Children With Down Syndrome, Cerebral Palsy, And Learning Disabilities**





## Synopsis

An innovative and easy to follow program for parents educators yoga teachers and health care professionals The book includes A step by step integrated system of yoga poses designed to increase cognitive and motor skills in children with learning and developmental disabilities Specialized breathing exercises and relaxation techniques to improve concentration and reduce hyperactivity And early intervention program to assure the healthy formative development of infants and toddlers Presents a program for parents educators yoga teachers and health care professionals This book includes a step by step integrated system of yoga poses designed to increase cognitive and motor skills in children with learning and developmental disabilities

## Book Information

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